

Saturday 16 th March	Sunday 17 th March
Session 1: Heats	Session 3: Heats
Female 200m IM Open/Male 200m Freestyle Female 200m Breaststroke Open/Male 100m Butterfly Female 400m Freestyle Open/Male 400m IM Female 50m Butterfly Open/Male 50m Freestyle Female 50m Breaststroke Open/Male 50m Backstroke Female 100m Backstroke Open/Male 200m Backstroke Female 200m Butterfly Open/Male 100m Breaststroke Female 100m Freestyle *SHORT BREAK* Female 1500m Freestyle (1a only) Open/Male 800m Freestyle (1b only)	Open/Male 200m IM Female 200m Freestyle Open/Male 200m Breaststroke Female 100m Butterfly Open/Male 400m Freestyle Female 400m IM Open/Male 50m Butterfly Female 50m Freestyle Open/Male 50m Breaststroke Female 50m Backstroke Male 100m Backstroke Female 200m Backstroke Open/Male 200m Butterfly Female 100m Breaststroke Open/Male 100m Freestyle *SHORT BREAK* Open/Male 1500m Freestyle (1a only) Female 800m Freestyle (1b only)
Session 2: Finals	Session 4: Finals
Junior Female 200m IM Senior Female 200m IM Junior Open/Male 200m Freestyle Senior Open/Male 200m Freestyle Junior Female 200m Breaststroke Senior Female 200m Breaststroke Junior Open/Male 100m Butterfly Senior Open/Male 100m Butterfly Junior Female 400m Freestyle Senior Female 400m Freestyle Junior Open/Male 400m IM Senior Open/Male 400m IM Junior Female 50m Butterfly Senior Female 50m Butterfly Junior Open/Male 50m Freestyle Senior Open/Male 50m Freestyle Junior Female 50m Breaststroke Senior Female 50m Breaststroke Junior Open/Male 50m Backstroke Senior Open/Male 50m Backstroke Junior Female 100m Backstroke Senior Female 100m Backstroke Junior Open/Male 200m Backstroke Senior Open/Male 200m Backstroke Junior Female 200m Butterfly Senior Female 200m Butterfly Junior Open/Male 100m Breaststroke Senior Open/Male 100m Breaststroke Junior Female 100m Freestyle Senior Female 100m Freestyle	Junior Open/Male 200m IM Senior Open/Male 200m IM Junior Female 200m Freestyle Senior Female 200m Freestyle Junior Open/Male 200m Breaststroke Senior Open/Male 200m Breaststroke Junior Female 100m Butterfly Senior Female 100m Butterfly Junior Open/Male 400m Freestyle Senior Open/Male 400m Freestyle Junior Female 400m IM Senior Female 400m IM Junior Open/Male 50m Butterfly Senior Open/Male 50m Butterfly Junior Female 50m Freestyle Senior Female 50m Freestyle Junior Open/Male 50m Breaststroke Senior Open/Male 50m Breaststroke Junior Female 50m Backstroke Senior Female 50m Backstroke Junior Male 100m Backstroke Senior Male 100m Backstroke Junior Female 200m Backstroke Senior Female 200m Backstroke Junior Open/Male 200m Butterfly Senior Open/Male 200m Butterfly Junior Female 100m Breaststroke Senior Female 100m Breaststroke Junior Open/Male 100m Freestyle Senior Open/Male 100m Freestyle

