

Kings

Monday		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Staff
18:00		Gold	Gold	Gold	Gold	Trials	Trials	
19:00		Para Swimmers	AGP	AGP	AGP	Junior Development	Junior Development	
20:00								
21:00		Masters	Masters	Masters	Masters	Masters	Masters	
Exit at 22:00								

Tuesday		Bronze Academy	Bronze Academy	Bronze Academy	AGP	AGP	AGP	
18:00		Silver Academy	Silver Academy	Silver Academy	AGP	AGP	AGP	
18:30								
19:30		Perf	Perf	Perf	AGD	AGD	AGD	
20:00								
21:00		Reserved for future use	Reserved for future use	Reserved for future use	Reserved for future use	Reserved for future use	Reserved for future use	
Exit at 22:00								

Thursday		Gold	Gold	Gold	AGP	AGP	AGP	
18:00		Perf	Perf	Perf	Fast Track	Fast Track	Para Swimmers	
19:00								
20:00								
21:00		Masters	Masters	Masters	Masters	Masters	Masters	
Exit at 22:00								

Sunday		Junior Development	Junior Development	Junior Development	AGP	AGP	AGP	
08:00		Reserved for future use	Reserved for future use	Reserved for future use	Reserved for future use	Reserved for future use	Reserved for future use	
09:00								
10:00								
11:00								
Exit at 12:00								

Legend	Hours
Para Swimmers	4
Masters/Tri	2
Performance	3.5
Fast Track	2
Age Group Development	1.5
Age Group Potential	6.5
Junior Development	4
Gold Academy	2
Silver Academy	1
Bronze Academy	0.5